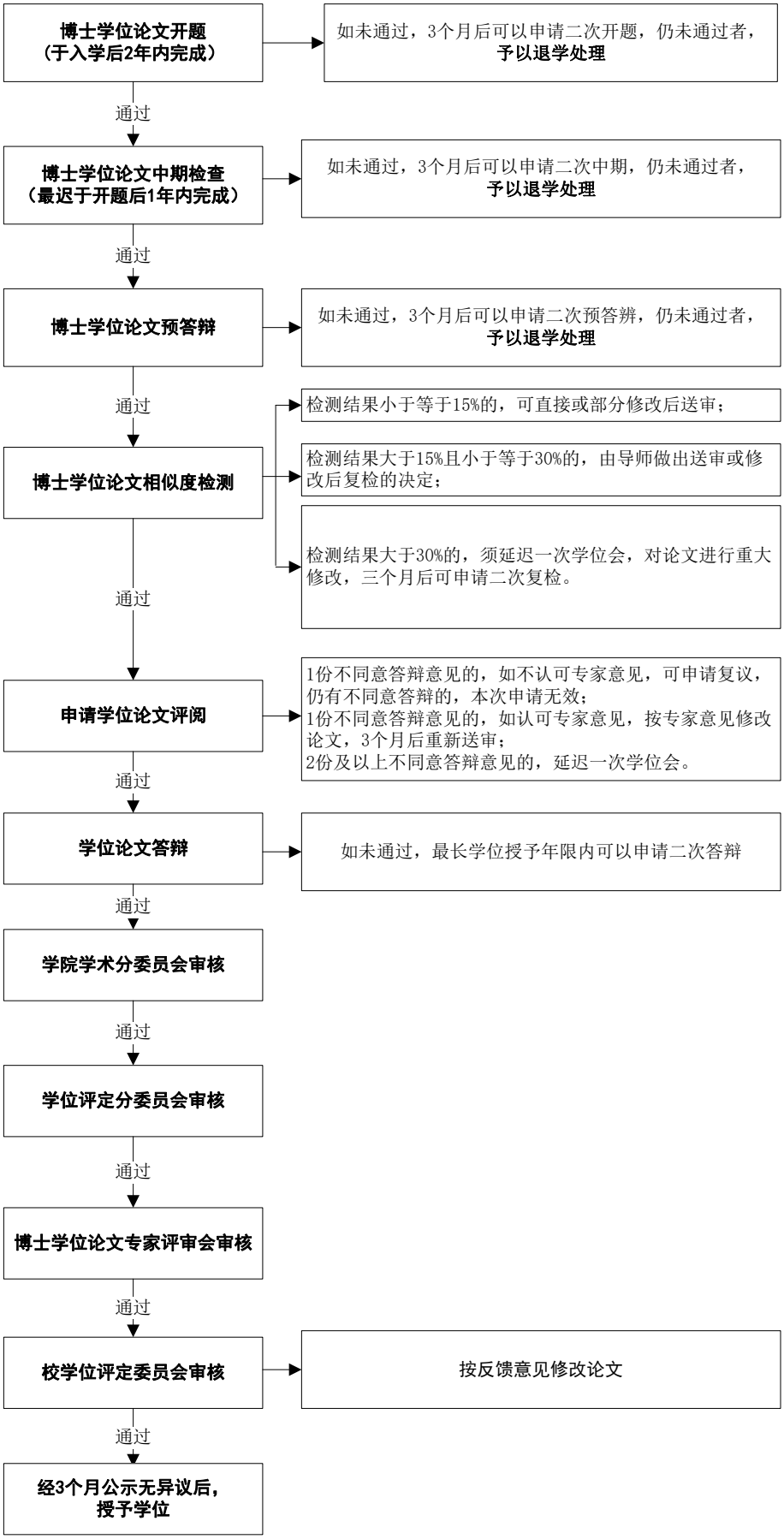博士学位申请流程（简化版）